




2018-2019 School Year



Greetings, Dear Parent/Guardian:

Health Services looks forward to partnering with you to promote health in Students and Families! Thank you for your confidence in us. Please communicate with your School Nurse about your child's health on a regular basis. And make them aware of updates and changes. Your health matters, too; and we would be happy to share community health resources with you for yourself or family members and loved ones. The Nurses will be in their schools starting Monday, August 6. They are out for Professional Development Tuesday, Wednesday and Thursday, August 7, 8, and 9.

Here are some of the healthcare policies, regulations, and general information that will help students have a healthy and successful school year. 

If a primary care provider or doctor has done a physical exam (checkup) on your child **in the past 12 months** ask for a hard copy to be given to the school nurse. Please do this every time a complete checkup is done by the doctor. We have **forms that you can print on the school district's web site [www.slps.org](http://www.slps.org)**, , click the **Parents & Students Link** and then click on "Student Health".

Also, it would help us greatly if you would bring a physical exam report on your Students if they have healthcare problems, special healthcare needs, and who require medication administered on a regular basis during the normal school day. Having this report at the beginning of the year allows us to form our plan of care.


If your child has any of the conditions below, we need these items along with the copy of the checkup:

- Asthma Action Plan for all asthmatics
- Diabetic Action Plan for all insulin dependent diabetics
- Seizure Action Plan for all seizure disorders
- **Food Allergy Action Plan**
- Sickle Cell Action Plan for all with sickle cell disease
- Authorization for Administrating Medication to Student



Middle and High school students who participate in cheerleading and on athletic teams are **required** to have an annual sports physical on file with the school nurse and the athletic office. See the school nurse or the school district web site for the appropriate form.

**State Law (Section 167.181RSMo) requires students to have their shots (Immunizations) up to date. Charts for preschool and school age children are on the school district web site under the Parent & Student link, School Health. If you are interested in exemption, the St. Louis City Department of Health (at 1520 Market Street, 4<sup>th</sup> floor, needs to meet with you. The needed form would be received there.**

Check with your child's primary care provider, clinic, or the last healthcare facility where the child received a shot to obtain the most up to date copy of the entire shot record. **Complete immunization records must include the month, date, and year of administered vaccines.** 

Always notify the school nurse when your child receives a new shot. If the school nurse sends a Notice of Need Letter to you regarding the child's need for an immunization take the child to the doctor promptly to avoid the child being excluded from school. Thank you for the opportunity to promote health with you.